

## ANNOUNCING NEW ARRIVALS

### Jacob William Baraks

Greg and Lori Baraks of Sealy announce the birth of their second child, a son, born August 25, 1997, at 12:07 p.m. at Rice Medical Center. Jacob William weighed nine pounds and measured 20-1/2 inches.

### Malcom Thomas Jr.

Malcom and Marsha Thomas of Eagle Lake announce the birth of their third child, a son, born August 20, 1997, at 11:22 p.m. at Rice Medical Center.

Malcom Thomas Jr. weighed seven pounds, six ounces and measured 20-1/2 inches at birth. He was welcomed home by sisters, MaCesly,

He was welcomed home by a brother, Jonathan, age 8.

Maternal grandparents are Gail and Carol Wensel of Corydon, Iowa.

Paternal grandparents are Jack and Nedra Baraks of Orion, Illinois.

age 7, and MaChelsea, four.

Maternal grandparents are Debra McTear and Alex Woolridge of Eagle Lake. Paternal grandparents are Earleen Thomas Upson and Oliver Pettus of Eagle Lake.

Great-grandparents are Edna McTear, Bessie Williams and Elizabeth Williams, all of Eagle Lake.

### Richard Anthony Saucedo Jr.

Richard and Gabriela Saucedo of Eagle Lake announce the birth of a son at 11:09 p.m. August 26, 1997, at Rice Medical Center.

Richard Anthony weighed eight pounds and measured 21 inches at birth.

He was welcomed home by a sister, Jennifer Michelle Saucedo, 13 years old.

Maternal grandparents are Joel

and Maria Garza of Eagle Lake.

Paternal grandparents are Adolfo and Mary Saucedo also of Eagle Lake.

Paternal great-grandparents are the late Mrs. Elisa F. Saucedo of Eagle Lake and the late Mr. and Mrs. John E. Morales Sr. of Beaumont. Maternal great-grandparents are Mr. and Mrs. Eloterio Garza of Brownsville and the late Mr. and Mrs. Jose Sierra of Matamoros.

### Jake Stephens LaTouf

Shane and Patty LaTouf of Garwood announce the birth of their first child, a son, Jake Stephens LaTouf, born August 19, 1997, at 10:41 p.m. in Hermann Hospital, Houston.

He weighed four pounds, seven ounces and measured 17 inches at birth.

His grandparents are Draper and Patty Stephens of Eagle Lake and Ed and Caron LaTouf of Austin.

Great-grandparents are Agnes Martin of Garwood and the late Clar-

ence Martin, the late Charles and Marie Stephens of Eagle Lake, Ruth LaTouf of Kingsland, the late Edward LaTouf formerly of Corpus Christi and Jim and Betty Kaul of Florence, Oregon.

Jake's great-great grandfather is Charles Pond of Bennettsville, South Carolina.

Shane, Patty and Jake would like to thank everyone for their prayers and support throughout this trying time.

## 1997 Colorado County Fair royalty is chosen

During competition held Saturday, Sept. 6, at St. Paul Lutheran Church Fellowship Hall in Columbus, the 1997-98 Colorado County Fair Little and Junior Mr. and Miss were chosen.

Master of Ceremonies was Lynda Appelt. The judges were Helen and Mary Jane Pesek and Jana Birmingham.

The Jr. Mr. & Miss competition began at 10 a.m. followed by the Little Mr. & Miss at 2 p.m.

Finalists for Little Miss were: Korie Robinson, 5 year old daughter of Mark & Sandra Robinson of Columbus, selected Little Miss; Shelby Lynn Marek, 5 year old daughter of Patrick & Sherry Marek, Columbus; Laini Elizabeth Beckner, 6 year old daughter of Joey Beckner, Columbus, second runner up; Brandy Rossignol, 5 year old daughter of Terry & Geneva Rossignol, Columbus, third runner up; and Haley Noel Kovar, 4-1/2 year old daughter of Tommy & Cindy Kovar, Columbus, fourth runner up.

Also competing were: Regan Dittmar, 6 year old daughter of Doyle & Dawn Dittmar, Columbus; Kari Ann Pfeffer, 5 year old daughter of Darrell & Janis Pfeffer, New Ulm; Macy Brown, 5 year old daughter of Bubba & Missy Brown; Kaylee Renae Nelson, 5 year old daughter of Donald & Terri Nelson, Sealy; Tiffany Renee Neuendorff, 4 year old daughter of Sandy & Randy Neuendorff, Columbus; Brianna Hernandez, 4 year old daughter of Bradley & Stacy Hernandez, Columbus; Margaret Fuller, 5 year old daughter of Dennis & Charlotte Fuller, Sheridan; Kari Allison Hillmer, 5 year old daughter of Carl & Donna Hillmer, Columbus; Ste-

phanie Sturm, 5 year old daughter of Eddie & Cathy Sturm, Columbus; and Kailey Gilliam, 4 year old daughter of Manuel & Tonja Gilliam, Sealy.

Finalists for Little Mister: Cody Allen Kohleffel, 4 year old son of Allen & Katrina Kohleffel, Eagle Lake, Little Mr.; Shawn Thomas Bates, 6 year old son of Tammy Bates, Columbus, first runner up; Kevin James Hillmer, 6 year old son of Carl & Donna Hillmer, Columbus, second runner up; Ross James Weishuhn, 5 year old son of James & Barbara Weishuhn, Columbus, third runner up.

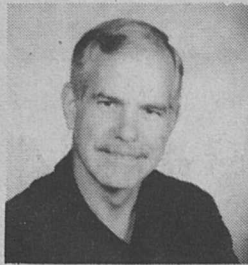
Junior Miss finalists were: Christine Ann Wostarek, 9 year old daughter of Mike & Dorothy Wostarek, of New Ulm, Junior Miss; Shannon C. Neill, 8 year old daughter of Patrick & Cimone Neill of Columbus, first runner up; Lauren Nichelle Trojacek, 8 year old daughter of Gerald & Joan Trojacek, New Ulm, second runner up; Brandi Nicole Bates, 9 year old daughter of Tammy Bates, Columbus, third runner up; Kayla Jo Pfeffer, 7 year old daughter of Darrell and Janis Pfeffer, New Ulm, fourth runner up.

Others competing were Terri Jo Prihoda, 8 year old daughter of Raymond & Sherry Prihoda, Weimar; Brianna Rossignol, 7 year old daughter of Terry & Geneva Rossignol, Columbus; Kelsey Marie Aschenbeck, 7 year old daughter of Ronnie & Dawn Aschenbeck, Columbus; April Renea Linkhart, 9 year old daughter of Dean & Ruthie Linkhart, Columbus; Danielle Nicol Escamilla, 8 year old daughter of Sylvia Escamilla Huebel, Columbus; Jessica Marie Rodriguez, 8 year old daughter of Marjorie Rodriguez, Weimar; Kelli Krystle Rodriguez, 7 year old daughter of Marjorie Rodriguez, Weimar.

(See Royalty, Page 7)

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## Views On Dental Health

JOHN B. MYRES, D.D.S. 234-3525

Located in the Rice Medical Center

### SWEET TOOTH IN YOUR BRAIN

Did you ever wonder what causes your craving for sweets? According to recent studies, your "sweet tooth" is really the result of the action of several chemicals on the appetite-regulating area of your brain.

One of the most recent discoveries is Neuropeptide Y (called NPY). This is a brain chemical that not only boosts appetite, but also causes a strong urge for sweet and starches. These studies indicate that NPY builds up during time of low food intake - before breakfast, for example - and that unexplained surges of NPY may be partly responsible for eating disorders like bulimia.

Still another brain chemical - serotonin - makes you feel full and satisfied. Sweets and carbohydrates trigger the production of serotonin in the brain. In effect, serotonin is the key to keeping your sweet tooth under control.

While it's important to understand how these chemicals affect appetite, the best way to control your "sweet tooth" is still through moderation and will power.

Presented as a public service to promote better dental health. From the office of JOHN B. MYRES, D.D.S., 600 S. Austin Road, Eagle Lake, 234-3525.

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## Foot Facts

By Dr. Eric R. Tepper, Podiatrist

### BATTLE BACK AGAINST BURSITIS

No doubt about it, bursitis is bad news for the feet. It occurs when the fluid-filled sacs that cushion your joints become inflamed, either aggravated by poorly fitting shoes, or as a side effect of a corn, heel spur, bunion, or other abnormality. Your immediate response to bursitis should be to baby your feet. Pad the affected area, and wear only well-cushioned, properly fitting shoes. Treat yourself to soothing foot soaks once a day for 20 minutes or so. Apply cold packs to help reduce swelling. Usually, though, you will eventually have to address whatever caused the bursitis in the first place and seek professional treatment for that underlying problem.

Our feet work hard for us and deserve to be pampered with kindness and attention to their smallest aches and pains. In the log run, they will thank us for it. We deal with all kinds of foot problems, whether they're caused by bursitis, stress, injury, disease, or hereditary conditions. Call us when you need treatment or preventative care at 234-5571, at Rice Medical Center. I am there every Tuesday.

P.S. If a corn hurts by itself, even when the foot is out of the shoe, that's a sign that bursitis is probably present.



### Soto, Llanos to wed Sept. 20

Mr. and Mrs. Felix Soto Jr. of Sheridan announce the engagement and approaching marriage of their daughter, Connie, to Omar Llanos, son of Ms. San Juana Estrada of Eagle Lake.

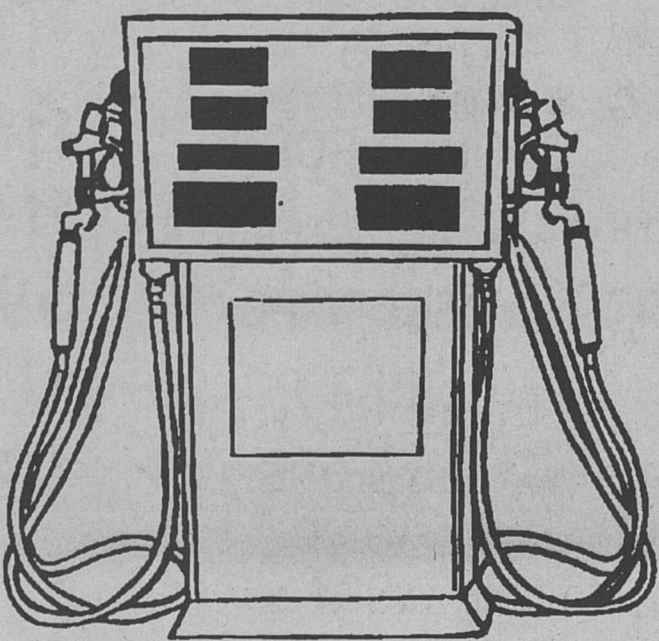
The wedding is planned for Saturday, September 20, at the Eagle Lake Community Center.

The bride-elect is an employee of Utex in Weimar. The prospective groom is employed in La Grange.

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